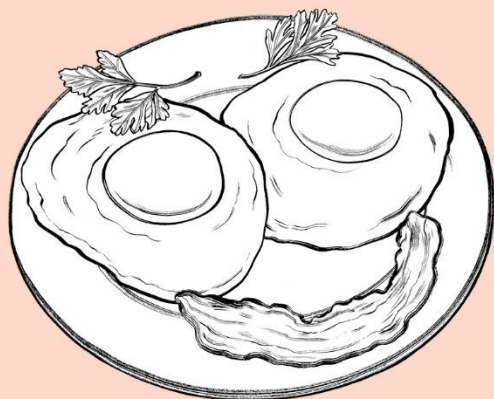


OCTANT

Santiago



BREAKFAST Menu

A PEDIDO / ON REQUEST

OVOS / EGGS

Mexidos / *Scrambled*

Estrelados / *Sunny side-up*

Estrelados Dois Lados / *Fried*

Cozidos (* minutos) / *Boiled (* minutes)*

Escalfados / *Poached*

Omelete (com ingredientes à escolha)

Tomate, pimento, cebola, cogumelos, queijo e fiambre

Omelette (with ingredients of your choice)

Tomato, pepper, onion, mushroom, cheese, and ham

FRUTAS / FRUITS

Abacate / *Avocado*

Frutos Vermelhos / *Red Fruits*

SEM GLÚTEN / GLUTEN-FREE

Pão / *Bread*

Cereais / *Cereals*

SEM LACTOSE / LACTOSE-FREE

Bebida de Amêndoa / *Almond Drink*

Bebida de Coco / *Coconut Drink*

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Santiago



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Estrelados / *Sunny side-up*

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Abacate / *Avocado*

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SEM GLÚTEN / GLUTEN-FREE

Pão / *Bread*

Cereais / *Cereals*

SEM LACTOSE / LACTOSE-FREE

Bebida de Amêndoa / *Almond Drink*

Bebida de Coco / *Coconut Drink*

A SAIR / FRESH OUT

Papas de aveia

Canela, frutos secos e fruta

Oatmeal

Cinnamon, dried fruits, and fruit

Panquecas

Xarope de mapple, mel, canela e açúcar

Pancakes

Mapple syrup, honey, cinnamon, and sugar

ESPECIAIS / SPECIALS

OVOS / EGGS

Ovo Octant

Ovo estrelado, molho de tomate caseiro, croutons de broa de milho, lascas de queijo da Ilha e espinafres

Octant Egg

Fried egg, homemade tomato sauce, corn bread croutons, 'Ilha' cheese shavings, and spinach

6

Ovo Benedict

Benedict Egg

5

Ovo Florentine

Florentine Egg

5

TOSTAS / TOASTS

Tosta de Abacate

Tosta de pão alentejano com abacate, presunto e ovo escalfado

Avocado Toast

Alentejo bread toast with avocado, smoked ham, and poached egg

5

TAÇAS / BOWLS

Taça de Chia

Pudim de chia feito com leite vegetal e compota de frutos vermelhos

Chia Bowl

Chia pudding made with vegetable milk and red fruits jam

5

Taça de Açai

Açai com granola caseira, frutos vermelhos e mel

Açai Bowl

Açai with homemade granola, red fruits, and honey

7

Os preços acima indicados são em Euros (€). IVA incluído. Alguns dos alimentos expostos e fornecidos podem conter alergénios.
The above prices are in Euros (€). VAT included. Some of the food displayed and provided may contain allergens.

A SAIR / FRESH OUT

Papas de aveia

Canela, frutos secos e fruta

Oatmeal

Cinnamon, dried fruits, and fruit

Panquecas

Xarope de mapple, mel, canela e açúcar

Pancakes

Mapple syrup, honey, cinnamon, and sugar

ESPECIAIS / SPECIALS

OVOS / EGGS

Ovo Octant

Ovo estrelado, molho de tomate caseiro, croutons de broa de milho, lascas de queijo da Ilha e espinafres

Octant Egg

Fried egg, homemade tomato sauce, corn bread croutons, 'Ilha' cheese shavings, and spinach

6

Ovo Benedict

Benedict Egg

5

Ovo Florentine

Florentine Egg

5

TOSTAS / TOASTS

Tosta de Abacate

Tosta de pão alentejano com abacate, presunto e ovo escalfado

Avocado Toast

Alentejo bread toast with avocado, smoked ham, and poached egg

5

TAÇAS / BOWLS

Taça de Chia

Pudim de chia feito com leite vegetal e compota de frutos vermelhos

Chia Bowl

Chia pudding made with vegetable milk and red fruits jam

5

Taça de Açai

Açai com granola caseira, frutos vermelhos e mel

Açai Bowl

Açai with homemade granola, red fruits, and honey

7

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